

MIAC Championships - 2/22/2024 to 2/24/2024

Tostrud Center, St. Olaf College

*****Meet Qualifiers*****

Event 3 Men 60 Meter Hurdles Prelims 24 Qualify

Friday 2/23/2024 - 4:15 PM

Champ. Rec.: 8.01 2020

Taylor Rooney, Gustavus

Facility Rec: 7.88 2024

Devon Montgomery, Unattached

Name	Year School	Seed
1 Ekiyor, Jayson	JR Bethel (Minn	7.96
2 Sampson, Josh	JR Bethel (Minn	8.09
3 Myres, David	JR Bethel (Minn	8.16
4 Thomsen, Josh	JR Bethel (Minn	8.22
5 Lord, Demetri	JR St. Olaf	8.44
6 Lightner, Jackson	FR Hamline	8.46
7 Suah, Morris	FR Hamline	8.58
8 Lee, Josh	JR Bethel (Minn	8.63
9 Clark, Logan	SO Concordia-Mo	8.64
10 Schmidt, Cole	FR Gustavus Ado	8.69
11 Viesselman, Blake	FR Bethel (Minn	8.81
12 Stefanowicz, Sebastian	SO Macalester	8.89
13 Nissen, Matthew	JR St. Olaf	8.95
14 Mahamud, Hamza	SO Macalester	8.99
15 Hennen, Logan	SO St. John's (	9.02
16 Elseth, Aaron	SO Bethel (Minn	9.06
17 Smith, Cooper	FR St. John's (	9.12
18 Brandt, Isak	FR St. John's (	9.16
19 Manley, Cannon	FR Saint Mary's	9.17
20 Blaeser, Aiden	SO St. John's (	9.35
21 Bassett, Jackson	JR St. Olaf	9.50
22 Magu, Dan	SO Bethel (Minn	9.59
23 Powell, Danny	FR Macalester	9.66
24 Molstre, Joey	FR Concordia-Mo	9.73

*****Qualifiers Above this line.

25 Moeller, Calvin	JR Gustavus Ado	10.05
26 Baker, Grant	SR Gustavus Ado	10.22
27 Kalas, Ashton	FR St. John's (	10.41
28 Peterson, Josh	FR Concordia-Mo	11.22

Event 5 Men 60 Meter Dash Prelims 24 Qualify

Friday 2/23/2024 - 5:25 PM

Champ. Rec.: 6.76 2023

Landen Liu, Bethel

Facility Rec: 6.83 2012

Garfield Powell, Iowa Central

Name	Year School	Seed
1 Arthur, Kevin	SR St. John's (	6.78
2 Anstine, Jade	FR Gustavus Ado	7.00
3 Simon, Godsword	JR Bethel (Minn	7.01
4 Bulwa, Chris	JR Saint Mary's	7.02
5 Schaffer, Dawson	SR Concordia-Mo	7.04
6 Skelly, Matthew	SR Gustavus Ado	7.04
7 McConnell, Cameron	JR Bethel (Minn	7.06
8 Raitz, Sam	FR Bethel (Minn	7.15
9 Popoca, Emanuel	JR St. John's (	7.16
10 Le, Nathan	JR Gustavus Ado	7.17
11 Alfaro Diedrich, Sean	JR St. Scholast	7.18
12 Dahl, Mason	FR Concordia-Mo	7.20
13 Zong-Naba, Sylvain	JR Macalester	7.21
14 Thomas, Reece	JR Hamline	7.22
15 Murnan, Kieran	FR St. John's (	7.23
16 Sesay, Abdul	FR St. John's (	7.23

17	Kritsberg, Ben	SO Saint Mary's	7.25	
18	Otis, Mickey	FR Hamline	7.26	
19	Kyoore, Zechariah	JR Gustavus Ado	7.27	
20	Hansen, Matt	FR St. John's (	7.27	
21	Morey, Aidan	FR St. John's (	7.28	
22	Fisher, Charlie	FR St. Olaf	7.30	
23	Moberg, Joey	FR St. John's (	7.36	
24	Petron, Jordan	JR Concordia-Mo	7.37	(Won Coin Toss)

*****Qualifiers Above this line.

25	Fochtman, Jack	SO St. Olaf	7.37	
26	Lakte, Michael	FR Hamline	7.38	
27	McNearny, Devin	JR St. Olaf	7.41	
28	Cumps, Julian	JR St. Olaf	7.42	
29	Meyer, Isaac	SO Gustavus Ado	7.42	
30	Sawyer, Jaxon	FR St. John's (	7.44	
31	Sletta, Josh	SR St. John's (	7.47	
32	Collins, Adam	JR St. John's (	7.49	
33	Tei, Yuki	FR Concordia-Mo	7.58	
34	Maile, John	SO St. John's (	7.73	
35	Thompson, Noah	FR Concordia-Mo	7.76	
36	Shariff, Nasiruddin	SO Augsburg	7.82	
37	Peterson, Josh	FR Concordia-Mo	7.94	
38	Chan, Alex	SO Augsburg	8.01	
39	Uddin, Aftab	JR Concordia-Mo	8.05	

Event 20 Men 200 Meter Dash

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Saturday 2/24/2024 - 3:20 PM

6 section timed finals; Pref. Lanes 5-6-4-3

Champ. Rec.: 21.96 2009 Joe DeFrance, St. Thomas

Facility Rec: 21.98 2005 Carson Glad, St. Thomas

	Name	Year School	Seed
1	Parent, Jacob	JR Bethel (Minn	21.74
2	Liu, Landen	SO Bethel (Minn	22.07
3	Arthur, Kevin	SR St. John's (	22.08
4	Bulwa, Chris	JR Saint Mary's	22.42
5	Anstine, Jade	FR Gustavus Ado	22.58
6	Heitler, Arlo	JR Macalester	22.64
7	Raitz, Sam	FR Bethel (Minn	22.90
8	Myres, David	JR Bethel (Minn	22.95
9	Murnan, Kieran	FR St. John's (	23.10
10	Schaffer, Dawson	SR Concordia-Mo	23.13
11	Adamson, Oliver	JR Saint Mary's	23.18
12	Lee, Josh	JR Bethel (Minn	23.18
13	Thomas, Reece	JR Hamline	23.18
14	McConnell, Cameron	JR Bethel (Minn	23.23
15	Nathan, Asher	FR Carleton	23.26
16	Le, Nathan	JR Gustavus Ado	23.28
17	Haack, Tony	SO Bethel (Minn	23.32
18	Petron, Jordan	JR Concordia-Mo	23.35
19	Stageberg, Noah	JR Gustavus Ado	23.42
20	Kessel, Peyton	JR Concordia-Mo	23.43
21	Kyoore, Zechariah	JR Gustavus Ado	23.47
22	Fochtman, Jack	SO St. Olaf	23.49
23	Popoca, Emanuel	JR St. John's (	23.52
24	McNearny, Devin	JR St. Olaf	23.73

*****Qualifiers Above this line.

25	Moberg, Joey	FR St. John's (	23.88	
26	Otis, Mickey	FR Hamline	23.89	
27	Meyer, Isaac	SO Gustavus Ado	23.90	

28	Heil, Tyler	FR Gustavus Ado	23.91
29	Palm, Alex	FR Bethel (Minn	23.94
30	Fisher, Charlie	FR St. Olaf	23.97
31	Gunderson, Tyler	JR St. Olaf	24.02
32	Swanson, Luc	FR Bethel (Minn	24.08
33	Ketterling, Caleb	FR Bethel (Minn	24.10
34	Viesselman, Blake	FR Bethel (Minn	24.15
35	Dahl, Mason	FR Concordia-Mo	24.17
36	Hansen, Matt	FR St. John's (	24.31
37	Cumps, Julian	JR St. Olaf	24.42
38	Morey, Aidan	FR St. John's (	24.49
39	Becker, Jacob	SO St. John's (	24.66
40	Sletta, Josh	SR St. John's (	24.77
41	Collins, Adam	JR St. John's (	24.93
42	Lange, Henrik	SO St. Olaf	25.14
43	Maile, John	SO St. John's (	25.15
44	Lieberman, Boaz	FR Macalester	25.16
45	Abdi, Hassan	FR Augsburg	25.19
46	Sanders, Nate	FR St. John's (	25.25
47	Chilala, Tembo	JR Concordia-Mo	25.33
48	Thompson, Noah	FR Concordia-Mo	25.43
49	Tei, Yuki	FR Concordia-Mo	25.85
50	Davis, Carson	SO St. John's (	25.93
51	Shariff, Nasiruddin	SO Augsburg	26.21
52	Chan, Alex	SO Augsburg	26.94
53	Uddin, Aftab	JR Concordia-Mo	27.13

Event 12 Men 400 Meter Dash *****20 Qualifiers

Friday 2/23/2024 - 6:55 PM

5 Section Timed Final; pref. lanes 5-6-4-3

2 Turn Stager

Champ. Rec.: 48.78 2004

Matt Shannon, Augsburg

Facility Rec: 48.04 2006

Nate Olson, UW Lacrosse

Name	Year School	Seed
1 Nelson, Grant	SO Bethel (Minn	48.37
2 Parent, Jacob	JR Bethel (Minn	48.47
3 Heitler, Arlo	JR Macalester	49.53
4 Tionson, Trevor	JR Concordia-Mo	50.16
5 Kubicek, Noah	SO St. Scholast	50.44
6 Stursa, Cohen	FR Gustavus Ado	51.12
7 Douglas, Derek	JR St. Scholast	51.36
8 Rudzitis, Taaron	JR Bethel (Minn	51.43
9 Witschen, Wyatt	FR St. John's (	51.61
10 Haack, Tony	SO Bethel (Minn	51.70
11 Stageberg, Noah	JR Gustavus Ado	51.96
12 O'Bey, Carter	FR St. Scholast	52.19
13 Palm, Alex	FR Bethel (Minn	52.56
14 Ortiz, Raul	JR Hamline	53.18
15 Gunderson, Tyler	JR St. Olaf	53.27
16 Heil, Tyler	FR Gustavus Ado	53.39
17 Clement, Emmanuel	FR Augsburg	53.56
18 Iyegha, Charlie	FR St. Olaf	53.72
19 Chilala, Tembo	JR Concordia-Mo	53.89
20 Blondin, Reese	FR Gustavus Ado	54.16

*****Qualifiers Above this line.

21	Deutschlander, Pierre	SR St. John's (	54.44
22	Lange, Henrik	SO St. Olaf	54.48
23	Stursa, Tyler	JR Gustavus Ado	55.29
24	Broad, Michael	JR Gustavus Ado	55.72
25	Davis, Carson	SO St. John's (	55.84
26	Arneson, Cullen	FR Gustavus Ado	55.98
27	Beaudette, Joseph	JR Bethel (Minn	56.71

28	Sanders, Nate	FR St. John's (	57.01
29	Abdi, Hassan	FR Augsburg	57.30
30	Lieberman, Boaz	FR Macalester	57.52
31	Nordeen, Bradyn	FR Gustavus Ado	59.05
32	Chan, Alex	SO Augsburg	1:00.25

Event 14 Men 600 Meter Run ***** 18 Qualifiers

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Saturday 2/24/2024 - 2:15 PM

Timed Finals; 2 Turn Stagger

Champ. Rec.: 1:20.19 2017 Carl Klamm, Bethel (Minn

Facility Rec: 1:20.36 2019 Karl Klamm, Bethel

Name	Year School	Seed
=====		
1 Nelson, Grant	SO Bethel (Minn	1:21.20
2 Lelinga, Victor	FR Bethel (Minn	1:21.55
3 Kubicek, Noah	SO St. Scholast	1:23.09
4 Ash, Ethan	SR Carleton	1:23.18
5 Pattison, Alistair	SR Carleton	1:23.36
6 Rudzitis, Taaron	JR Bethel (Minn	1:23.48
7 Douglas, Derek	JR St. Scholast	1:23.58
8 Montreuil, Owen	SO St. John's (	1:24.09
9 Moore, Cullen	SO St. Olaf	1:24.29
10 Nemecek, Lance	SO St. Olaf	1:24.38
11 Fuller, Blake	JR Gustavus Ado	1:25.00
12 Rud, Mark	SO Gustavus Ado	1:25.08
13 Schonebaum, Henry	SO Macalester	1:25.11
14 Stursa, Cohen	FR Gustavus Ado	1:25.15
15 Asfaw, Getinat	JR Augsburg	1:25.19
16 Ali, Kalid	JR Macalester	1:25.22
17 Cozine, Ethan	FR St. Olaf	1:25.34
18 Schmitz, Drew	FR Bethel (Minn	1:25.89

*****Qualifiers Above this line.

	Malecha, Thomas	SO Macalester	1:25.91	Prefers 800m. over 600m.
19	Schmidt, Otto	JR St. Olaf	1:26.17	
20	Gushwa, Agro	SR Gustavus Ado	1:26.22	
21	Pierce, Charlie	FR Macalester	1:26.93	
22	Lebakken, Jay	SO Macalester	1:27.89	
23	Stursa, Tyler	JR Gustavus Ado	1:28.38	
24	Andrews, Brady	FR Concordia-Mo	1:29.01	
25	Johnston, David	JR Concordia-Mo	1:30.14	
26	Gallmeier, Zander	SO Concordia-Mo	1:30.43	
27	Niemi, Ashton	FR St. Scholast	1:30.57	
28	Oty, Shareef	FR Augsburg	1:30.67	
29	Clement, Emmanuel	FR Augsburg	1:30.71	
30	Deutschlander, Pierre	SR St. John's (	1:30.98	
31	Kayfes, Jeffrey	SO St. Scholast	1:31.63	
32	Johnson, Solomon	SR Concordia-Mo	1:32.56	
33	Wondimu, Bereket	JR Augsburg	1:33.24	
34	Arneson, Cullen	FR Gustavus Ado	1:35.05	
35	Nordeen, Bradyn	FR Gustavus Ado	1:38.24	

Event 16 Men 800 Meter Run *****21 Qualifiers

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Friday 2/23/2024 - 7:25 PM

3 Alleys. 3-2-2

2 Turn Stagger

Champ. Rec.: 1:52.54 2010 Max Hanson, Gustavus

Facility Rec: 1:52.53 2006 Jeff Zodda, Col. of New Jersey

Name	Year School	Seed
=====		
1 Smith, Tyler	JR Gustavus Ado	1:55.55
2 Allen, Tommy	SO St. John's (	1:56.36

3	Boone, Calvin	SO St. Scholast	1:56.47
4	Brauer, Nicholas	FR Gustavus Ado	1:56.76
5	Pattison, Alistair	SR Carleton	1:57.04
6	Moore, Cullen	SO St. Olaf	1:57.09
7	Lelinga, Victor	FR Bethel (Minn	1:57.36
8	Asfaw, Getinat	JR Augsburg	1:57.53
9	Wallin, Tucker	SR St. Scholast	1:57.54
10	Getty, Drew	SR Macalester	1:57.63
11	Ash, Ethan	SR Carleton	1:57.99
12	Nemecek, Lance	SO St. Olaf	1:58.05
13	Groshelle, Gavin	SO Concordia-Mo	1:58.10
14	Cozine, Ethan	FR St. Olaf	1:58.80
15	Bjork, Alex	FR St. Olaf	1:58.89
16	Rud, Mark	SO Gustavus Ado	1:59.88
17	Kloppner, Daniel	JR St. John's (	2:01.12
18	Baatrup-Sabo, Jakob	SO St. Olaf	2:01.15
19	Pierce, Charlie	FR Macalester	2:01.16
20	Malecha, Thomas	SO Macalester	2:01.36 Prefers 800m. over 600m.
21	Oty, Shareef	FR Augsburg	2:02.05

*****Qualifiers Above this line.

22	Mackie, Aidan	SO St. Olaf	2:02.15
23	Lebakken, Jay	SO Macalester	2:02.58
24	Hensel, Alexei	SR St. John's (	2:02.97
25	Fells, Christian	FR St. Olaf	2:03.13
26	Wondimu, Bereket	JR Augsburg	2:03.29
27	Johnston, David	JR Concordia-Mo	2:05.18
28	Schmidt, Otto	JR St. Olaf	2:05.19
29	Molenkamp, Lars	FR St. John's (	2:06.97
30	Bloch, Noah	FR Concordia-Mo	2:08.99
31	Johnson, Solomon	SR Concordia-Mo	2:11.36
32	Allen, Mason	FR St. John's (	2:12.18
33	Christopherson, Hans	JR Augsburg	2:16.61

Event 18 Men 1000 Meter Run *****24 Qualifiers

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Saturday 2/24/2024 - 2:45 PM

3 Alleys.3-3-2

2 Turn Stagger

Champ. Rec.: 2:26.02 2017 Donson Cook-Gallardo, Carleton

Facility Rec: 2:27.61 2016 Paul Escher, St. Olaf

Name	Year	School	Seed
=====			
1	Boone, Calvin	SO St. Scholast	2:29.55
2	DeWall, Lars	SR St. Scholast	2:29.97
3	Allen, Tommy	SO St. John's (	2:30.10
4	Fitzgerald, Ignatius	SO St. Olaf	2:30.47
5	Smith, Tyler	JR Gustavus Ado	2:30.92
6	Brauer, Nicholas	FR Gustavus Ado	2:31.95
7	St. Peter, Nick	SO St. John's (	2:32.41
8	Getty, Drew	SR Macalester	2:32.70
9	Roehl, Carson	JR Gustavus Ado	2:33.13
10	Marsh, Jackson	JR St. Olaf	2:33.27
11	Lyness, Indy	SO Carleton	2:33.55
12	McCoy, Max	FR St. John's (	2:34.75
13	Groshelle, Gavin	SO Concordia-Mo	2:34.76
14	Wallin, Tucker	SR St. Scholast	2:35.55
15	Wiltse, Daniel	FR Macalester	2:35.62
16	Doran, Eli	SO St. Olaf	2:35.81
17	Kloppner, Daniel	JR St. John's (	2:36.27
18	Baatrup-Sabo, Jakob	SO St. Olaf	2:36.58
19	Olsson, Tor	JR Macalester	2:36.66
20	Neu, Nathan	JR St. Scholast	2:36.79

21	Nelson, Clark	SR Bethel (Minn	2:36.90
22	Bjork, Alex	FR St. Olaf	2:37.32
23	Lange, Emerson	SO Carleton	2:37.59
24	Chamberlin, Owen	SO St. Olaf	2:37.67

*****Qualifiers Above this line.

25	Berg, Eli	FR Bethel (Minn	2:38.08	
26	Fells, Christian	FR St. Olaf	2:38.16	
27	Hensel, Alexei	SR St. John's (	2:38.28	
28	Nowacki, Cole	SR Concordia-Mo	2:38.57	(Prefers 1k. over 3k.)
29	Estrada, Gabe	JR St. Olaf	2:39.52	
30	Wielgos, Jake	SR Gustavus Ado	2:40.05	
31	Olson, Tanner	SR Concordia-Mo	2:40.51	(Prefers 3k over 1k)
32	Martel, Ethan	FR St. Olaf	2:40.52	
33	Mackie, Aidan	SO St. Olaf	2:40.62	
34	Chambers-Trubatch, Simon	FR Carleton	2:41.44	
35	Sheeley, Liam	JR St. John's (	2:41.83	(Prefers 1k. over 1m.)
36	Molenkamp, Lars	FR St. John's (	2:42.05	
37	Andrews, Brady	FR Concordia-Mo	2:44.92	
38	Engstrom, Zinabu	FR Augsburg	2:45.83	
39	Johnston, David	JR Concordia-Mo	2:47.44	
40	Nelson, Henry	SO Augsburg	2:48.99	
41	Adams, Brock	JR Macalester	2:50.23	
42	Wondimu, Bereket	JR Augsburg	2:52.06	
43	Gallmeier, Zander	SO Concordia-Mo	2:52.19	
44	Ferber, Carter	SO Concordia-Mo	2:52.21	
45	Roetter Gresback, Jasper	FR Hamline	2:57.22	
46	Allen, Mason	FR St. John's (	2:58.43	
47	Johnson, Solomon	SR Concordia-Mo	2:58.68	
48	Johnston, Jack	FR St. John's (	2:58.81	
49	Bloch, Noah	FR Concordia-Mo	2:59.57	
50	Leon, James	JR St. John's (	3:03.45	
51	Giitter, Jack	SO St. John's (	3:15.23	

Event 10 Men 1 Mile Run *****27 Qualify

Friday 2/23/2024 - 6:00 PM

Timed Finals; Waterfall Start

Champ. Rec.: 4:11.94 2014 Grant Wintheiser, St. Olaf

Facility Rec: 4:08.46 2017 Joe Coffey, St. Olaf

Name	Year	School	Seed	
1 Boone, Calvin	SO	St. Scholast	4:10.90	
2 Turlington, Kevin	SO	St. Olaf	4:14.86	
3 Nichols, Gabe	SO	Carleton	4:15.31	
4 Llewellyn, Roy	SO	Carleton	4:16.11	
5 DeWall, Lars	SR	St. Scholast	4:16.61	
6 St. Peter, Nick	SO	St. John's (	4:18.74	
7 Curtis, Ian	JR	St. Olaf	4:19.21	
8 Goss, Brady	FR	Concordia-Mo	4:19.39	
9 Lyness, Indy	SO	Carleton	4:19.40	
10 Hartney, Sean	JR	St. Olaf	4:25.85	
11 Doran, Eli	SO	St. Olaf	4:27.53	
12 Moresi, Kelvin	FR	Macalester	4:28.42	
13 Galloway, Jordan	SO	Macalester	4:28.81	
14 LiaBraaten, Lucas	SO	Hamline	4:28.92	
15 Lange, Emerson	SO	Carleton	4:30.84	
16 Fendig, Alex	SR	Macalester	4:32.43	
17 Nowacki, Cole	SR	Concordia-Mo	4:34.15	
18 Peterson, Luke	SR	Bethel (Minn	4:34.26	
19 Malecha, Jacob	FR	St. John's (	4:34.63	Prefers 1 mile over 3k
20 Kalsnes, Jonah	FR	Bethel (Minn	4:34.86	
21 Landsem, Henry	FR	Gustavus Ado	4:35.46	
22 Chamberlin, Owen	SO	St. Olaf	4:35.70	
23 Leonard, Ethan	SO	St. John's (	4:36.24	Prefers 1m. over 3k

	Kaye, Lex	FR St. Olaf	4:37.13	Prefers 5k over 1m.
24	Martinek, Peyton	FR St. John's (	4:37.46	
25	Gathje, Joseph	JR St. John's (	4:37.63	
26	Hanley, Brett	JR Carleton	4:38.72	
27	Thompson, Gabe	FR Macalester	4:39.23	

*****Qualifiers Above this line.

28	Chambers-Trubatch, Simon	FR Carleton	4:39.97
29	Chalmers, Aiden	SO St. John's (	4:40.17
30	Martel, Ethan	FR St. Olaf	4:41.30
31	Engstrom, Zinabu	FR Augsburg	4:41.80
33	Adams, Brock	JR Macalester	4:41.81
34	Meissner, Noah	FR Bethel (Minn	4:42.29
35	Vanspriell, Sam	SR Macalester	4:44.18
36	Nelson, Henry	SO Augsburg	4:44.70
37	Marshall, PJ	FR Bethel (Minn	4:44.80
38	Catton, Weston	FR Bethel (Minn	4:46.37
39	Price, David	JR Bethel (Minn	4:47.63
40	Ferber, Carter	SO Concordia-Mo	4:47.95
41	Skinner, AJ	JR St. John's (	4:49.65
42	Koch, Noah	FR Macalester	4:50.32
43	Sheeley, Liam	JR St. John's (	4:51.49
44	Bartness, Dylan	SO St. John's (	4:54.25
45	Roetter Gresback, Jasper	FR Hamline	5:03.74
46	Menendez, Crioni	FR Bethel (Minn	5:05.26
47	Johnston, Jack	FR St. John's (	5:09.98
48	Lerum, Alex	SR Concordia-Mo	5:12.49
49	Leon, James	JR St. John's (	5:20.95
50	Giitter, Jack	SO St. John's (	5:29.92

Event 22 Men 3000 Meter Run

Saturday 2/24/2024 - 1:45 PM

2nd Section at 3:55 p.m.

Top 12 seeds in Row 1. All others in Row 2.

Timing Chips will be used. Please check in 30 minutes prior

Champ. Rec.: 8:11.52 2020 Matt Wilkinson, Carleton

Facility Rec: 8:13.99 2015 Grant Wintheiser, St. Olaf

Name	Year School	Seed	
1 Kelly, Will	JR St. Olaf	8:18.79	
2 Bati, Mohammed	SO Augsburg	8:24.31	
3 Boone, Calvin	SO St. Scholast	8:25.62	
4 DeWall, Lars	SR St. Scholast	8:28.23	
5 McKee, Reece	JR Macalester	8:32.30	
6 Crotteau, Ben	JR Macalester	8:36.58	
7 Max, Parker	SO St. Olaf	8:36.71	
8 Curtis, Ian	JR St. Olaf	8:38.71	
9 Nichols, Gabe	SO Carleton	8:38.85	
10 Edwards, Tyler	SO Macalester	8:39.31	
11 Llewellyn, Roy	SO Carleton	8:39.54	
12 Hartney, Sean	JR St. Olaf	8:39.67	
13 Turlington, Kevin	SO St. Olaf	8:40.92	
14 Lynn, David	JR St. Olaf	8:45.60	
15 Skemp, Andrew	JR St. Olaf	8:47.64	
16 Goss, Brady	FR Concordia-Mo	8:49.93	
17 Deaver, Jack	SO St. Olaf	8:50.19	
	Manzur Strandlund, Gael	SO St. Olaf	8:50.40 (9th St. Olaf Athlete)
18 Ihrke, Nick	JR Macalester	8:50.99	
19 Kaluza, Vincent	FR St. John's (	8:51.01	
	Cote, Anders	JR St. Olaf	8:52.64 (10th St. Olaf Athlete)
20 Olsson, Tor	JR Macalester	8:56.38	
21 Graber, Grant	JR Bethel (Minn	8:56.70	
22 Galloway, Jordan	SO Macalester	8:58.84	
23 McCullough, Logan	SR Gustavus Ado	9:00.44	

24	LiaBraaten, Lucas	SO Hamline	9:00.54
25	Madell, Joe	JR Macalester	9:01.17
26	Fendig, Alex	SR Macalester	9:02.46
27	Kalsnes, Jonah	FR Bethel (Minn	9:06.21
28	Thompson, Reese	SR Bethel (Minn	9:08.13
29	Olson, Tanner	SR Concordia-Mo	9:10.73
30	Meissner, Noah	FR Bethel (Minn	9:11.84

*****Qualifiers Above this line.

31	Malecha, Jacob	FR St. John's (	9:13.19	Prefers 1m over 3k. (In 1m.)
32	Cavanaugh, Eamon	JR St. John's (	9:15.56	
33	Pouliot, Evan	FR Gustavus Ado	9:15.70	
34	Gathje, Joseph	JR St. John's (	9:18.15	
35	Thompson, Gabe	FR Macalester	9:20.19	
36	Leonard, Ethan	SO St. John's (	9:20.26	Prefers 1m. over 3k. (In 1m.)
37	Nowacki, Cole	SR Concordia-Mo	9:20.41	(Prefers 1k. over 3k.)
38	Bartness, Dylan	SO St. John's (	9:20.55	
39	Goss, Tyler	FR Concordia-Mo	9:21.87	
40	Marshall, PJ	FR Bethel (Minn	9:23.50	
41	Vanspriell, Sam	SR Macalester	9:28.96	
42	Price, David	JR Bethel (Minn	9:31.96	
43	Martinek, Peyton	FR St. John's (	9:33.01	
44	Ferber, Carter	SO Concordia-Mo	9:33.82	
45	Catton, Weston	FR Bethel (Minn	9:36.18	
46	Skinner, AJ	JR St. John's (	9:46.99	
47	Dallas, Evan	SO Bethel (Minn	9:53.50	
48	Harris, Grayson	JR Augsburg	9:58.35	
49	Coffey, Joseph	SO St. John's (	10:19.15	
50	St. George, Kedran	SO Bethel (Minn	10:52.08	
51	Segura, Luke	FR Bethel (Minn	11:17.72	

Event 41 Men 5000 Meter Run

Friday 2/23/2024 - 4:55 PM

Top 12 seeds in Row 1. All others in Row 2.

Athletes will wear Timing Chips; please check in 30 mins. prior

Champ. Rec.: 14:26.70 1983 Nick Manciu(*ht), St. Thomas

Facility Rec: 14:15.93 2005 Andrew Carlson, Univ. of Minn.

Name	Year	School	Seed	
1 Kelly, Will	JR	St. Olaf	14:20.51	
2 Bati, Mohammed	SO	Augsburg	14:38.95	
3 Deaver, Jack	SO	St. Olaf	15:07.62	
4 Manzur Strandlund, Gael	SO	St. Olaf	15:09.79	
5 Cote, Anders	JR	St. Olaf	15:13.21	
6 McKee, Reece	JR	Macalester	15:14.19	
7 McCullough, Logan	SR	Gustavus Ado	15:17.12	
8 Lynn, David	JR	St. Olaf	15:17.41	
9 Edwards, Tyler	SO	Macalester	15:18.14	
10 Skemp, Andrew	JR	St. Olaf	15:23.74	
11 Graber, Grant	JR	Bethel (Minn	15:24.34	
12 Ihrke, Nick	JR	Macalester	15:38.22	
13 Fiataruolo, Angelo	SO	St. Olaf	15:40.19	
14 Thompson, Reese	SR	Bethel (Minn	15:42.32	
15 Pouliot, Evan	FR	Gustavus Ado	16:20.97	
16 Kaye, Lex	FR	St. Olaf	16:38.02	Prefers 5k over 1m.
17 Dallas, Evan	SO	Bethel (Minn	17:04.87	
18 Harris, Grayson	JR	Augsburg	17:06.52	

***** All Qualify*****

Event 45 Men Distance Medley

Friday 2/23/2024 - 8:10 PM

Waterfall start
 Champ. Rec.: 10:15.58 2017 Carleton
 Edstrom, Hicks, Sikes, Cook-Gallardo
 Facility Rec: 9:59.09 2017 St. Olaf
 Bjork, Pugh, Lonergan, J. Coffey

School	Seed
=====	=====
1 St. Scholastica 'A'	10:09.90
2 Macalester 'A'	NT
3 Gustavus Adolphus 'A'	NT
4 St. John's (Minn.) 'A'	NT
5 Saint Mary's (Minn.) 'A'	NT
6 Bethel (Minn.) 'A'	NT
7 Augsburg 'A'	NT
8 Concordia-Moorhead 'A'	NT
9 Carleton 'A'	NT
10 Hamline 'A'	NT
11 St. Olaf 'A'	NT

Event 43 Men 4x200 Meter Relay

=====

Saturday 2/24/2024 - 1:15 PM

Timed Finals

Champ. Rec.: 1:27.87 2000 St. Thomas
 Stahly, Hall, Heckman, Cress
 Facility Rec: 1:28.88 2004 St. Thomas
 Schwietz, Hart, Car. Glad, Cas. Glad

School	Seed
=====	=====
1 Bethel (Minn.) 'A'	1:30.20
2 Gustavus Adolphus 'A'	1:31.41
3 St. John's (Minn.) 'A'	1:31.49
4 Saint Mary's (Minn.) 'A'	1:32.80
5 Concordia-Moorhead 'A'	1:33.30
6 St. Olaf 'A'	1:33.41
7 Macalester 'A'	1:33.50
8 Hamline 'A'	1:37.20
9 St. Scholastica 'A'	NT
10 Augsburg 'A'	NT
11. Carleton 'A'	NT

Event 24 Men 4x400 Meter Relay

=====

Saturday 2/24/2024 - 4:25 PM

Timed Finals

Champ. Rec.: 3:18.99 2010 Bethel
 Ferda, LeMay, Schlegal, Rhode
 Facility Rec: 3:16.36 2006 UW La Crosse
 Marcinek, Olson, Doble, Deterville

School	Seed
=====	=====
1 Bethel (Minn.) 'A'	3:15.48
2. St. Scholastica 'A'	3:27.11
3. St. John's (Minn.) 'A'	3:27.27
4. St. Olaf 'A'	3:28.01
5 Concordia-Moorhead 'A'	3:28.94
6 Gustavus Adolphus 'A'	3:30.28
7 Macalester 'A'	3:31.60
8 Saint Mary's (Minn.) 'A'	3:32.06
9 Augsburg 'A'	3:32.26
10 Hamline 'A'	3:33.33
11 Carleton 'A'	3:44.15

Event 26 Men Weight Throw ***** 20 Qualify plus Ties

=====

Friday 2/23/2024 - 2:30 PM

Top 9 to Final

Champ. Rec.: 19.68m 2011

Facility Rec: 20.82m 2006

Andrew Brueggen, Saint Mary's

Kevin Becker, UW La Crosse

Name	Year	School	Seed	Mark
------	------	--------	------	------

1	Larsen, Evan	JR	Bethel (Minn	17.11m
2	Beseth, Trent	SO	St. Scholast	16.77m
3	Hokanson, Adam	SO	Bethel (Minn	16.63m
4	Monreal, Joshua	FR	St. Scholast	16.44m
5	Steger, Grant	SR	St. Scholast	16.25m
6	Frost, Jaeden	SR	St. John's (	15.77m
7	Mensen, Joseph	JR	St. John's (	15.34m
8	Fritz, Casen	JR	Saint Mary's	14.94m
9	Mills, Austin	SO	Macalester	14.91m
10	Ramirez, Ricky	JR	Concordia-Mo	14.59m
11	Conant, Philip	FR	Bethel (Minn	14.48m
12	DeWall, Kaleb	JR	St. John's (	13.60m
13	White, Ron	FR	Saint Mary's	13.51m
14	Stordahl, Zach	JR	Gustavus Ado	13.35m
15	Dioszeghy, Sam	FR	Concordia-Mo	13.00m
16	Turqueza, Rylan	FR	St. John's (	12.93m
17	Brown, Jakob	JR	Concordia-Mo	12.86m
18	Willier, Anthony	FR	St. John's (	12.85m
19	Houska, Blake	FR	Concordia-Mo	12.46m
20	Spurgeon, Eli	SO	Gustavus Ado	12.42m
21	Yang, Aiden	SO	Macalester	12.42m

*****Qualifiers Above this line.

22	Carroll, Nathan	FR	St. John's (	11.77m
23	Oachs, Jacob	JR	Bethel (Minn	11.22m
24	Frankel, Charlie	FR	Macalester	10.93m
25	Edo-Ohanba, Esosa	FR	St. Olaf	10.65m
26	Turqueza, Keenan	SO	St. John's (	10.61m
27	Henke, Martin	FR	Concordia-Mo	8.66m

Event 28 Men Shot Put *****Qualifiers

Saturday 2/24/2024 - 11:00 AM

Top 9 to Final

Champ. Rec.: 12.49m 2018

Facility Rec: 17.77m 2006

Jordan Johnson, St. Thomas

Uzoma Orji, Mass. Inst. of Tech.

Name	Year	School	Seed	Mark
------	------	--------	------	------

1	Beseth, Trent	SO	St. Scholast	16.83m
2	Folkestad, Cooper	JR	Concordia-Mo	16.72m
3	Monreal, Joshua	FR	St. Scholast	15.36m
4	Larsen, Evan	JR	Bethel (Minn	15.13m
5	Hokanson, Adam	SO	Bethel (Minn	15.07m
6	Frost, Jaeden	SR	St. John's (	14.76m
7	Houska, Blake	FR	Concordia-Mo	14.24m
8	Hillstrom, Dominik	JR	Concordia-Mo	14.07m
9	Conant, Philip	FR	Bethel (Minn	13.80m
10	Steger, Grant	SR	St. Scholast	13.78m
11	Dioszeghy, Sam	FR	Concordia-Mo	13.45m
12	DeWall, Kaleb	JR	St. John's (	13.41m
13	Spurgeon, Eli	SO	Gustavus Ado	12.96m
14	Wellman, Trevor	JR	Bethel (Minn	12.93m
15	Turqueza, Rylan	FR	St. John's (	12.92m
16	Massey, Harry	FR	Hamline	12.65m
17	Hudspith, Wyatt	FR	Gustavus Ado	12.58m
18	Carroll, Nathan	FR	St. John's (	12.23m
19	Willier, Anthony	FR	St. John's (	12.21m
20	Mills, Austin	SO	Macalester	12.09m

*****Qualifiers Above this line.

21	White, Ron	FR Saint Mary's	11.98m
22	Brown, Jakob	JR Concordia-Mo	11.88m
23	Edo-Ohanba, Esosa	FR St. Olaf	11.78m
24	DeLoach, Corey	FR Augsburg	11.23m
25	Kallstrom, Brandon	JR Bethel (Minn	11.17m
26	Yang, Aiden	SO Macalester	11.10m
27	Turqueza, Keenan	SO St. John's (	10.96m
28	Henke, Martin	FR Concordia-Mo	9.96m
29	Oachs, Jacob	JR Bethel (Minn	9.83m
30	Frankel, Charlie	FR Macalester	9.53m
31	Ahmed, Ali	SO Augsburg	8.70m

Event 30 Men Long Jump *****20 Qualifiers

Friday 2/23/2024 - 5:00 PM

Top 9 to Final

Champ. Rec.: 6.51m 2018

Preston Huddleston, St. Thomas

Facility Rec: 7.53m 2006

Greg Tyson, Heidelberg

Name	Year School	Seed Mark
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1	Schaffer, Zach	SO St. John's (	6.93m
2	Subah, Isaiah	SR Gustavus Ado	6.80m
3	Moo, Eh Ler	JR St. Olaf	6.71m
4	Albertson, Max	FR St. Olaf	6.46m
5	Erickson, Matthew	FR St. Scholast	6.45m
6	Marsh, Anthony	JR Concordia-Mo	6.41m
7	Smith, Kameron	FR Augsburg	6.40m
8	Thurk, Anthony	JR St. John's (	6.38m
9	Cisewski, Antonio	JR Saint Mary's	6.37m
10	Charlton, Josh	JR St. Olaf	6.32m
11	Swenson, Simon	SO Bethel (Minn	6.29m
12	Hansen, Matt	FR St. John's (	6.15m
13	Cooper, Dan	SR Saint Mary's	6.12m
14	Wynia, Ben	FR Gustavus Ado	6.12m
15	Bovitz, Nick	FR Bethel (Minn	6.08m
16	Peterson, Ben	JR Concordia-Mo	5.92m
17	LePard, Ben	FR Concordia-Mo	5.91m
18	Wang, Kevin	SO Macalester	5.82m
19	Rikkers, Sam	JR St. Olaf	5.72m
20	Molstre, Joey	FR Concordia-Mo	5.72m

*****Qualifiers Above this line.

21	Shariff, Nasiruddin	SO Augsburg	5.45m
22	Peterson, Josh	FR Concordia-Mo	4.86m

Event 32 Men Triple Jump ***** 20 Qualifies

Saturday 2/24/2024 - 1:30 PM

Top 9 to Final

Champ. Rec.: 15.26m 1993

Leonard Jones, St. Thomas

Facility Rec: 14.61m 2006

Tony Gregory, Cabrini

Name	Year School	Seed Mark
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1	Hodin, Riley	JR Macalester	13.38m
2	Braun, Michael	JR Hamline	13.32m
3	Schaffer, Zach	SO St. John's (	13.23m
4	Bovitz, Nick	FR Bethel (Minn	13.15m
5	Erickson, Matthew	FR St. Scholast	12.97m
6	Albertson, Max	FR St. Olaf	12.96m
7	Smith, Kameron	FR Augsburg	12.94m
8	Thurk, Anthony	JR St. John's (	12.87m
9	Johnson, Brady	JR Saint Mary's	12.85m
10	Veimau, Justin	SR Macalester	12.66m
11	Swenson, Simon	SO Bethel (Minn	12.56m

12	Wade, Elijah	SR St. John's (	12.55m
13	Cline-Cole, Ethan	SO Carleton	12.51m
14	Thompson, Gabe	JR Concordia-Mo	12.23m
15	Kaba, Bangaly	FR St. John's (	12.09m
16	Strube, Reese	FR Concordia-Mo	12.07m
17	Cogley, Andrew	JR St. Olaf	11.94m
18	Wynia, Ben	FR Gustavus Ado	11.85m
19	Wang, Kevin	SO Macalester	11.72m
20	Moo, Eh Ler	JR St. Olaf	11.48m

*****Qualifiers Above this line.

21	Ridders, Sam	JR St. Olaf	10.99m
22	Antwi, Stephen	FR Bethel (Minn	10.70m

Event 34 Men High Jump *****18 Qualifiers

Saturday 2/24/2024 - 11:00 AM

Champ. Rec.: 2.17m 1995 Kenneth Hoffman, St. Olaf

Facility Rec: 2.11m 2006 Andy Stoecken, Loras

Name	Year School	Seed Mark
1 Matetich, Cole	JR Gustavus Ado	1.93m
2 McDowell, Jackson	FR St. John's (	1.92m
3 Johnsrud, Peyton	JR Concordia-Mo	1.90m
4 Marsh, Anthony	JR Concordia-Mo	1.90m
5 Bies, Danny	SR Gustavus Ado	1.90m
6 Thurk, Anthony	JR St. John's (	1.89m
7 Suah, Morris	FR Hamline	1.88m
8 Braun, Michael	JR Hamline	1.88m
9 Erickson, Matthew	FR St. Scholast	1.86m
10 Lord, Demetri	JR St. Olaf	1.86m
11 Cogley, Andrew	JR St. Olaf	1.86m
12 LeIwica, Max	JR St. John's (	1.84m
13 Lapinski, Will	FR St. Olaf	1.83m
14 Cline-Cole, Ethan	SO Carleton	1.80m
15 Seiler, Alex	JR St. John's (	1.79m
16 Swanson, Luc	FR Bethel (Minn	1.78m
17 Carlson, Brendan	FR Gustavus Ado	1.78m
18 Lincoln, Ethen	FR Gustavus Ado	1.77m

*****Qualifiers Above this line.

19	Peterson, Ben	JR Concordia-Mo	1.75m
20	Olson, Jesse	FR St. Olaf	1.72m
21	O'Brien, Connor	FR St. John's (	1.72m
22	LePard, Ben	FR Concordia-Mo	1.72m
23	Molstre, Joey	FR Concordia-Mo	1.67m

Event 36 Men Pole Vault *****18 Qualifiers

Friday 2/23/2024 - 4:00 PM

Champ. Rec.: 5.00m 2020 Drew Dokendorf, St. Johns

Facility Rec: 5.52m 2016 Jeff Coover, Unattached

Name	Year School	Seed Mark
1 Charbonneau, Joseph	JR St. John's (	4.65m
2 Gardeen, Samuel	JR Bethel (Minn	4.55m
3 Guth, Kole	SO St. John's (	4.46m
4 Arnold, Dylan	JR St. Olaf	4.45m
5 Schloeder, Austin	FR Hamline	4.45m
6 Marzinske, Logan	JR Gustavus Ado	4.31m
7 Charles, Aidan	FR Gustavus Ado	4.26m
8 Eickhoff, Daniel	JR St. John's (	4.26m

9	Kaster, Soren	FR Carleton	4.25m
10	Withuski, Andrew	FR St. John's (	4.20m
11	Graske, Joshua	FR Bethel (Minn	4.20m
12	Rhonemus, Wade	SR Concordia-Mo	4.20m
13	Engstrom, Oliver	SO Hamline	4.10m
14	Doom, Max	JR St. John's (	4.05m
15	Collins, Spencer	FR St. Olaf	4.02m
16	Ream, Joe	SO Gustavus Ado	3.86m
17	Adams, Tim	JR Carleton	3.80m
18	Hoelzel, Gavin	FR St. Olaf	3.75m

*****Qualifiers Above this line.

19	Adams, Andrew	JR St. John's (	3.70m
20	Menter, Forest	SO St. Olaf	3.56m
21	Elahi, Rayan	JR St. Olaf	3.46m
22	Molstre, Joey	FR Concordia-Mo	3.45m
23	Walker, Zoe	JR Gustavus Ado	3.45m
24	Besemann, Noah	FR St. John's (	3.40m
25	Hansen, Matt	FR St. John's (	3.40m
26	Peterson, Josh	FR Concordia-Mo	3.40m
27	Schmidt, Joe	JR Gustavus Ado	3.36m
28	Daenzer, Luke	SO Bethel (Minn	3.36m
29	Thompson, Noah	FR Concordia-Mo	3.30m
30	Mikla, Aiden	JR Gustavus Ado	3.30m